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## Suggested Prayers for Business Debtors Anonymous

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### Suggested First Step Prayer:

I pray now for the willingness to be honest about where I am, to share the truth about my business, and to ask for help to move forward. Guide me through this darkness and shine a light on the next step I should take. I am listening.

### Suggested Second Step Prayer:

Higher Power, reveal yourself to me. Where I am afraid, bring me your comfort. Where I am angry, send me your peace. Where I am uncertain, bring me clarity. Thank you for loving me as I am. I ask you to do for me and my business what I cannot do for myself. Give me the strength I need to move forward.

### Suggested Third Step Prayer:

Higher Power, I stand before you ready to be transformed. I place my business in your hands. Guide me on my recovery path. Remove my compulsive debiting, my self-centered fear, and my own self-will. May I shine to others as a beacon of your power. May I choose to remain on your path always.

### Suggested Fourth Step Prayer:

Higher Power, thank you for the willingness I have today to take an honest look at myself and my business life. I want to be free. Remove my self-centered fear and replace it with humility. Take my hand as I write about those things that are hardest for me. My heart is open, ready to be filled with your peace.

### Suggested Fifth Step Prayer:

Higher Power, as I step into your light, reveal to me the meaning and purpose of my compulsive debiting in business. I am ready to see and be seen. Thank you for giving me the strength to open my eyes. As I embrace the truth of my life and my business, allow me to receive your acceptance.

### Suggested Sixth Step Prayer:

Higher Power, ready me to release my attachment to my character defects. I pray that you multiply my faith daily. I trust that in this moment you are clearing the path for me to discover a new way of being in my business.



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#### Suggested Seventh Step Prayer:

Higher Power, I stand ready to carry your message to others. Remove from me the shortcomings and fears holding me back in my business and in my life. Help me to become who you would have me to be. May I choose to remain on your path always.

#### Suggested Eighth Step Prayer:

Higher Power, I come to you with an open heart and mind. I pray that you guide my recovery path and allow my spirit to thrive. Prepare me to be present in a new way for my business and those I have hurt in my past behaviors. Humble me and fill me with the willingness and courage to do my part in righting the course of my life. Your will, not mine, be done.

#### Suggested Ninth Step Prayer:

Higher Power, I am grateful for the opportunity to heal the wounds of the past. Help me to act responsibly according to your will. Enable me to embrace honesty and right action in my business and my life.

#### Suggested Tenth Step Prayer:

Higher Power, thank you for my business and my life. I am grateful for the gifts and also the challenges, as I know they have the power to bring me back to you. Remove my fears, resentments, and self-centeredness. Remind me to look for you in everything. Help me to listen, especially in moments of difficulty and weakness. Give me the strength I need to carry on with integrity and accept life on life's terms.

#### Suggested Eleventh Step Prayer:

Higher Power, help me to gain serenity. Remove the obstacles that block me from your guidance. I come to you with gratitude, humility, and an open mind, ready for your will for my life and my business to be revealed.

#### Suggested Twelfth Step Prayer:

Higher Power, I am grateful for the message of the Twelve Steps. Thank you for the spiritual gifts I have received in my life and my business as a result of the Steps. Guide me as I continue to grow in B.D.A. and all areas of my life. Help me to keep my recovery by giving it away to others. I put myself in your care and ask that you use my life as an expression of hope for the debtor who still suffers.

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Debtors Anonymous General Service Office | PO Box 920888 | Needham, MA 02492-0009

800-421-2383 (USA only) | email: [office@debtorsanonymous.org](mailto:office@debtorsanonymous.org) | [www.debtorsanonymous.org](http://www.debtorsanonymous.org)