The Twelve-Step program of Debtors Anonymous helps those around the world who suffer from the illness of compulsive debting. It offers still-suffering debtors a simple program of recovery through which they can arrest this serious malady. The program rests on the solid foundation of the Twelve Steps, Twelve Traditions, and Twelve Concepts of Debtors Anonymous. These principles of recovery are the focus of this book.

In D.A., our purpose is threefold:

to stop incurring unsecured debt,
to share our experience with the newcomer,
and to reach out to other debtors.